

## Perinatal Pain Seminar 2007

As part of the 2007 PSANZ Visiting Professor Programme, NSW PSANZ organized a one day pain seminar which was held on 6<sup>th</sup> September 2007 at Royal North Shore Hospital. Prof Linda Franck, the first chair of Children's Nursing Research, Great Ormond Street London was our keynote speaker.

The conference was held one day before the APEC summit and was attended by 320 people. We had attendees from as far afield as Darwin and Brisbane and nearly every hospital in NSW and ACT, in both the public and private sector, were represented. Due to the importance of the topic of perinatal pain we were overwhelmed by applicants and unfortunately had to turn away 150 participants.

The aim of the day was to define current and future research directions in Perinatal Pain Management. All presenters delivered inspiring talks and we summarized the day by having a panel discussion of "where next" with regards to pain research.

### Future research topics suggested during the conference included:

- The development of pain assessment tools;
- The use of amplitude integrated EEG for pain assessment ;
- Investigation of the long term effects of pain
- Research on the involvement of parents in infant pain relief;
- Determining which premedication is best suited for neonatal intubation;
- Investigation of the use of infant epidural analgesia;
- Determining the effects of analgesia on neurodevelopment outcome;
- Investigation of the role of sucrose in neonatal abstinence syndrome;
- Pain management in labour and the use of decision aids in labour
- Determining the role and effect of breast feeding in pain management;
- The effects of maternal analgesic drugs on breast feeding



Panel Discussion



Dr Kwai Meng Pong (Fellow RHW) winner of Registration to 2008 PSANZ annual conference



Full house



The organizing committee

**Congratulations** to Dr Kwai Meng Pong (Neonatal Fellow RHW) winner of the Registration to the 2008 PSANZ annual conference.

**Acknowledgements:**

We would like to thank all the sponsors who contributed to making this day an overwhelming success

- NSW Health
- Reckitt Benckiser
- Bayer
- Accutek health Care
- Scanmedics
- PSANZ NSW.

I would like to thank my organizing committee: Lynn Sinclair, Sharan Bowers, Ruth Hadfield, Sam Lain, Jane Ford, Kaye Spence and Christine Roberts for all their hard work and dedication towards making this a most successful conference.

**Expressions of Interest:**

As a result of this background knowledge, the tremendous interest from nursing and medical staff regarding pain in perinatal care and the need for further research, a special interest group named "Perinatal Pain Awareness Interest Network", (P - P.A.I.N. ) was launched.

If you are interested in joining this exciting new network with a focus on pain research please email John Sinn [jsinn@med.usyd.edu.au](mailto:jsinn@med.usyd.edu.au), Kaye Spence [kaye@chw.edu.au](mailto:kaye@chw.edu.au) or Lynn Sinclair [Lynn.sinclair@wsahs.nsw.gov.au](mailto:Lynn.sinclair@wsahs.nsw.gov.au)

Dr John Sinn  
PSANZ NSW President

Join Us

At PSANZ



Pain



Pain Awareness Interest Network

*Want to be part of a*

*PSANZ*

*Special Interest Group*

*in Perinatal Pain*

*Research and Practice?*

*If you would like to be a part of  
this new dynamic multi-  
disciplinary group, please leave  
your name and contact details  
below.*

*Alternatively contact Dr John  
Sinn, NSW Branch President at  
**[jsinn@med.usyd.edu.au](mailto:jsinn@med.usyd.edu.au)***